

The Volunteer

April 2024

Dhelkaya Health Volunteer Newsletter

Dear Volunteers

Welcome to the April edition of the volunteer newsletter. Here are the April highlights:

- New Volunteer Coordinator
- Save the date Volunteer Events
- Volunteer Vacancies
- Free Influenza Vaccinations available for Volunteers
- MyPass new Volunteer Passport
- Volunteer L2P Making a difference to a young person's life

Firstly, we are pleased to let you know that we now have a new Volunteer Coordinator who has started with us. We would like to introduce Edwina Coller.



New Volunteer Coordinator

Hello, my name is Edwina, the new Volunteer Coordinator at Dhelkaya Health. I am excited to join the Volunteer team and I look forward to getting to know each of you.

I understand being a volunteer, as I am one myself. After a 30-year association with Castlemaine, I finally moved here nearly four years ago to be closer to my family. Best decision ever! Since then, I have joined Castlemaine Rotary to contribute my skills to the community.

Volunteering has been such a positive experience for me as I now feel closer to the community I live in, have made friends, and am involved in some wonderful community fundraising events such as the Rotary Art Show and the Truck Show.

My previous work life has mostly involved training and education in Melbourne at



the University of Melbourne and overseas in London at London Business School.

I enjoy working with people to support them in their growth and development.

Over the next few months I look forward to connecting with you by phone, email or in person to hear what you love about volunteering and to learn how I can support you.

In the meantime, please reach out to me at any time if you have any questions. I am based in the Adult Day Services/ Volunteers Office. Opposite Ellery House. So, call past to say hello or contact me via email ecoller@castlemainehealth. org.au or call 54713 566.

SAVE THE DATES

21st May 2024 12.30pm National Volunteer Expo Castlemaine Town Hall

22nd May 2024 11.30am — 12.30pm National Volunteer Week Celebrations Castlemaine Campus

17th July 2024 10.30am — 12.00pm Castlemaine Campus Volunteer "bring a friend" morning tea 14th August 2024 11.00am — 12.00pm Maldon Campus Volunteer Information Session – for new Volunteers

5th December 2024 10.30am Buda Historic Home International Volunteer Day Celebrations

More detailed information will be sent out closer to these dates.



Volunteer Vacancies

Do you know someone who would like to volunteer? Ask us for a Position Description to provide more information on the following volunteer opportunities:

- L2P Driver mentor
- Youth mentor
- Administration Fundraising, Fleet support, general admin, events
- Driver Patient transport in Maldon and Castlemaine
- Residential Aged Care visiting
- Residential Aged Care craft assistance
- 1:1 Reading to Residents
- 1:1 Companion walking
- 1:1 Drives
- Pet Therapy
- Entertainment

- Environmental attention: Flowers, displays, tidying
- Garden assistance with residents
- Gardening within grounds
- Trishaw pilots
- Nordic pole walking leads
- Social support trips and activities in Maldon and Castlemaine
- Rainbow Steps walking group
- Silver Rainbow social club
- Sensory stimulation: Manicures and hand massage

FREE INFLUENZA VACCINATION

What to bring: Your Volunteer ID badge and your Medicare Card. You don't need to book in – just turn up. If you don't get to one of these clinics in April – there will be more held in May.

Also, a reminder that it is a requirement of your volunteering to have an updated Influenza vaccination. Please email us at VService@castlemainehealth.org.au to let us know when you have had your vaccination so we can update your records. Influenza vaccination clinics will also be held at Maldon Hospital – dates are yet to be confirmed.

AUDITORIUM

Monday 22 April 12–1pm Tuesday 23 April 10am–11am Wednesday 24 April 1–2pm

MALDON

Wednesday 24th April 3.00 - 4.30pm





MyPass – Volunteer Passport

In a previous newsletter MyPass was introduced. As Dhelkaya Health is part of the pilot we are now ready to move forward with making MyPass accessible for our volunteers. Here is some additional information.

Did you know your health service has created a Digital Skills Passport especially for volunteers?

Your Health Service is a proud member of the Loddon Mallee Health Network (LMHN). The LMHN is made up of sixteen public health services in the Loddon Mallee region.

Each health services has entered into a Joint Venture Agreement to collaborate, to provide mutual support and ensure a positive healthcare experience for everyone across the Loddon Mallee region.

As part of our work, we developed a LMHN Volunteer Strategy to support our volunteers and Health Services.

This strategy aims to provide the best possible experience for all volunteers assisting the LMHN by establishing a streamlined system and greater efficiencies, rebuild our volunteer numbers to support all the LMHN health services and the communities they serve across the entire Loddon Mallee region.

What is a MyPass Digital Skills Passport?

Your MyPass Volunteer passport is similar to a travel passport you would obtain for overseas travel. This volunteer passport enables you to retain your information and present it to other volunteer organisations, with the goal of reducing duplicate paperwork for each service.

MyPass has set up this system to be your gateway to volunteering across the region, allowing you to store and manage all your volunteer-related documents efficiently.

Your MyPass volunteer passport contains:

- Contact details
- Volunteer classification
- CV/Resume
- Qualifications, certificates, licenses, and orientations/inductions
- Volunteer and employment history
- References

Your MyPass Volunteer passport speeds up the application process, centralise your documents digitally, pre-verifys documents for compliance, and easily manages your applications for any volunteer roles.

What does MyPass cost?

MyPass is completely FREE for volunteers. Employers pay to use the platform.

How do I create a MyPass Digital Skills Passport?

Your health service will set up a profile on your behalf and extend an invitation for you to join their MyPass portal. You will receive two emails: one to notify you that a Digital Passport is being generated in your name, and the other will be dispatched once you have been invited. The second email will include a link enabling you to set a password for your Digital Passport.



Volunteer L2P - Making a difference in a young person's life

The TAC L2P program and its network of volunteer mentors make an incredible difference for young Victorians who may otherwise be unable to learn to drive.



The program matches eligible young learner drivers with volunteer driver mentors to help them achieve the necessary 120 hours of driving practice.

Taylah is a young learner driver from Castlemaine. Being able to drive is key to achieving her goals in life. Having obtained her learner's permit, the next obstacle was finding a supervising driver.

That's where Julie comes in. "I've been volunteering for the TAC L2P program for around eight months now," said Julie. "I had a desire to do some volunteering and L2P seemed like a great program that helps young people in our local community in a practical and meaningful way." Taylah is Julie's second learner driver match.

"Taylah's driving is already competent and she's so willing to learn. She is always respectful and grateful for the time I give her as a volunteer." Taylah is keen to reach her driving goals. "I can't wait to get my licence so I can look for work in Bendigo and have some time to myself just driving and exploring the region." Dhelkaya Health runs the L2P program across the Mount Alexander Shire. Volunteer mentors are an integral and highly valued part of the TAC L2P Program. The program is currently seeking more volunteers to become driver mentors.

The vehicle and fuel are supplied by the program, which also funds professional driving lessons for the learner driver along the way.

The L2P Coordinator is there to provide support to both the driver mentors and learners to make sure the experience for everyone is a rewarding and productive one. Supporting more young people become safer drivers on our roads is a community effort.

For more information about volunteering or joining as a learner driver, call Dhelkaya Health's L2P Program Coordinator, Lisa Cavallaro, on 5479 1000 or apply directly to the TAC L2P program via the VicRoads website.





KEEP IN TOUCH

This is your newsletter, we would love your input with feedback, experiences and stories you might like included. Email us at VService@castlemainehealth.org.au



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