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# **Acknowledgement of Country**

Dhelkaya Health is located on the traditional lands of the Djaara people. We pay our respects to their Elders past and present, and acknowledge all Aboriginal and Torres Strait Islander peoples as the First Peoples of this nation. Dhelkaya Health is committed to achieving equality in health status between Aboriginal and Torres Strait Islander peoples and non-Indigenous Australians.



Our services are delivered on the traditional lands of the Dja Dja Wurrung people. Artist: Kerri Douglas













Dhelkaya Health acknowledges the support of the Victorian Government









Ms Sue Race Dhelkaya Health CEO

# Foreword from Board Chair and CEO

As we present this Strategic Plan Update for 2026 and onwards, we celebrate the remarkable progress we've made against our 2023–26 plan while looking ahead with renewed purpose.

Healthier Together has never been just a slogan. It's the heartbeat of Dhelkaya Health, guiding us through amalgamation, integration, and innovation to deliver truly local, compassionate care.

Over the past three years, we've achieved so much and these milestones, documented here, reflect the dedication of staff, volunteers, partners, and community. Together we've turned vision into reality and our performance monitoring, quarterly reviews, and transparent reporting have kept us accountable, adaptive, and aligned with community need.

This update honours those successes while setting bold objectives for the final year of the 2023-26 plan. In early 2026, we'll launch another highly consultative process involving surveys, forums, cross-campus workshops, and partner roundtables, to co-create the next chapter. Just as before, every voice will shape our path.

Together, we're not just planning for the future. We're building it as One Dhelkaya, with people first and healthier than ever.

#### **OUR PRIORITIES**

- 1. Local care for local people
- 2. A shared future
- 3. One Dhelkaya
- 4. People first

# Measuring, tracking and accounting for our progress to date 2023-25

The proof of any strategy is in its execution. Since the launch of our 2023–26 Strategic Plan, we have remained steadfast in our commitment to robust and transparent tracking mechanisms documented in the plan. This ensures accountability to our board, staff, partners, and community, while enabling adaptive coursecorrections based on real-time data and feedback.

Over the past two years, we've leveraged a multi-layered approach:

- quarterly tracking of Strategic Plan objectives tied to executive key performance indicators
- annual and quarterly surveys (e.g. People Matter Survey, Victorian Healthcare Experience Survey)
- monthly performance monitoring to the Board of Directors and Department of Health
- formal reporting through our Annual Report of Operations.

These align with Victorian Department of Health requirements, including the Statement of Priorities. They also align with external accreditations from bodies like the Australian Commission on Safety and Quality in Health Care and the Aged Care Quality and Safety Commission.

Community accountability shines through our Annual Reports, website updates, and Community Advisory Committee forums, where we've shared milestones like the 2024 Rainbow Tick Accreditation preparation and Reflect Reconciliation Action Plan (RAP) implementation.

We publish media releases and social media updates regularly to keep our broader community informed about our work.



# Priority 1. Local care for local people

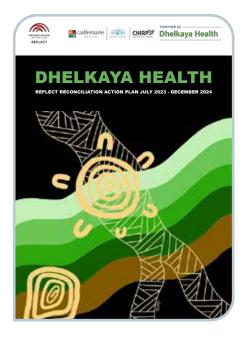
Our intent: We will be here for our community so that consumers have a strong voice in how we do what we do, the community leads their own health prevention and protection, and all of the community sees that we are here for them.

**Achievements** 2023-25



| Consumers                                       | Stakeholders                                      | Protection,<br>prevention &<br>primary care  | First Nations<br>Peoples   | LGBTIQA+                                   |
|---|---|--|--|--|
| Consumer Participation<br>Framework implemented | Actively involved community groups in fundraising | Nutrition and quality food standards implemented   | Reflect RAP finalised<br>and implemented  Partnership with Bendigo<br>& District Aboriginal<br>Co-operative (BDAC)<br>strengthened | developed to support<br>LGBTIQA+ wellbeing |
|   | Volunteer contributions extended and strengthened | Community wellbeing<br>supported in line with<br>Mount Alexander Shire's<br>Municipal Health and<br>Wellbeing Plan |  |  |
|   |   |  | Social Impact Framework developed to support clients with complex care needs   |  |
|   |   | Public Intoxication Trial completed  |  |  |





#### Reflect RAP

#### Advancing reconciliation with Aboriginal and Torres Strait Islander peoples

Actions were grouped across four pillars - relationships, respect, opportunities and governance. Implementation was guided by a dedicated working group, which included Aunty Kerri Douglas and Aunty Julie McHale, alongside First Nations and non-First Nations staff. Our Reflect RAP has strengthened relationships with First Peoples, enhanced cultural safety in our services and advanced opportunities for Indigenous employment and procurement.



#### **Public Intoxication Trial**

#### A health-led approach to safely support intoxicated people

Implementation featured a dedicated service at our Castlemaine campus as part of the Mount Alexander Shire trial site. The service offered assessment, sobering support, and referrals to care. Partnering with local Aboriginal organisations and health services, the focus was on culturally safe responses, diverting people from police or emergency involvement, addressing underlying issues like addiction or homelessness, and contributing data to refine the statewide model for safer, more equitable outcomes.

#### **Rainbow Tick Accreditation**

Safe, inclusive services and workplaces for LGBTIQA+ people, patients and staff

Awarded after rigorous independent assessment against six national standards developed by Rainbow Health Australia, the accreditation affirms organisational practices in cultural safety, staff training, consumer consultation, and continuous improvement. It signals to the Mount Alexander Shire community that Dhelkaya Health actively addresses LGBTIQA+ health disparities, fosters welcoming environments, and embeds inclusion across governance, policies, and care delivery.





| Assurance                                  | Measures   | Achievements  |
|--|--|---|
| Our consumers have a strong voice          | Increase in percentage of committees with consumer representation      | Community Advisory Committee membership renewed with an increase in diversity   |
|  | Increase in voluntary participation in community engagement activities | Volunteer contributions extended and strengthened with 125 volunteers engaged and working across more than 25 programs                |
| Consumers lead their own health protection | Specified initiatives and associated action plans achieved             | Social Impact Framework developed with measures to be introduced in 2026  |
| Community sees us as relevant              | Reconciliation continuously developed to achieve a Stretch RAP by 2026 | Implementation of Reflect RAP completed. Innovate RAP drafted in consultation with First Nations peoples and Reconciliation Australia |
|  | Dhelkaya Health accredited for Rainbow<br>Tick by 2025                 | Full accreditation achieved in October 2024   |

# Objectives 2026 and onwards

| Consumers  | Stakeholders  | Protection,<br>prevention &<br>primary care                                      | First Nations<br>Peoples   | LGBTIQA+  |
|--|---|--|--|---|
| Establish a consumer register to facilitate and enhance community engagement | Explore a donations<br>model that is fit for<br>purpose | Co-design the<br>development and<br>implementation of a<br>Women's Health Clinic | Establish a formal partnership with Djaara to enable embedding of Djaara values and aspirations into environmental and infrastructure projects undertaken by Dhelkaya Health | Implement the Social<br>Impact Framework in<br>consultation with<br>consumers |



# **Trishaw Program**

The Trishaw Program, in partnership with Cycling Without Age Castlemaine, was a finalist in the Excellence in Public Sector Residential Aged Care category in the 2025 Victorian Public Healthcare Awards. The nomination was based on the program's innovative approach to combating social isolation among older residents in aged care.

Launched in 2023, the program enables trained volunteer pilots to take elderly passengers, many with limited mobility, on gentle, wind-in-the-hair rides through local gardens and along scenic trails using specially designed electric trishaws. This simple yet profound initiative reconnects residents with nature, community, and joyful memories, significantly enhancing mental wellbeing, physical stimulation, and social inclusion.

The program fosters intergenerational connections, with volunteers sharing stories and laughter during rides, while addressing loneliness, which is a key health risk for older Victorians. Expanded to include a second trishaw at Maldon in 2024, the program exemplifies person-centred care and community collaboration, demonstrating how small-scale innovations can create lasting impact in rural healthcare.



# Priority 2. A shared future

Our intent: We will provide increasingly personalised healthcare, including improved aged care and home-based care offerings. We will prioritise partnerships, consumercentrism and integration so that our community is truly getting what they need most.

Achievements 2023-25



| Future clinical services  | Sustainable<br>care  | Community-based offerings                         | Care<br>integration   | Support for the vulnerable  |
|---|--|---|---|---|
| Inpatient and aged care bed model reviewed to                             | ved to expansion implemented<br>by and through Loddon Mallee<br>naximise Health Network's Better | Home Care Package provision established           | Benefits of voluntary<br>amalgamation reviewed<br>and measures achieved | In-home support options increased and advocacy for improved housing options through My Home Network ongoing |
| improve efficiency and<br>effectiveness to maximise<br>patient admissions |  | Community services integrated and expanded across |   |   |
| Recommendations from<br>Maternity Services<br>Evaluation implemented      |  | Dhelkaya Health                                   |   |   |





#### **Maternity Services**

Demonstrating Excellence in Women's Health at the 2023 Victorian Public Healthcare Awards

The award recognises the successful re-establishment of continuity-of-care maternity services through the Midwifery Group Practice Model. The model provides women with known midwives throughout pregnancy, birth, and postnatal periods. This gold-standard approach improves safety, satisfaction, and outcomes while reducing interventions and transfers to larger hospitals. Evaluated positively by La Trobe University, it empowers midwives, supports families locally, and exemplifies equitable, woman-centred care in regional Victoria.

#### **Voluntary Amalgamation**

Enhancing local access to high-quality health, aged care, and community programs while ensuring future sustainability and financial viability

The amalgamations between Castlemaine Health, CHIRP Community Health and Maldon Hospital enhanced local services and programs while delivering financial sustainability. The amalgamations brought staff with specialist knowledge and skills together to deliver more seamless pathways and continuity of care for clients, patients and residents. Key roles were expanded and new roles added in. The amalgamations also strengthened governance and administration, reducing duplication and directing more resources to frontline services.



## At Home Programs

Hospital-level care at home to support early discharge, prevent admissions, and enhance recovery

The multidisciplinary At Home teams help patients to recover safely at home with family, reducing hospital stays, minimising infection risks, and improving satisfaction. These programs increase local bed capacity indirectly, promote ageing-in-place, and deliver cost-effective, person-centred care tailored to community needs. Key services include Hospital in the Home, GEM@Home and Residential in Reach, which deliver acute medical treatment, wound care, allied health and nursing support at home.



| Assurance   | Measures   | Achievements   |
|---|--|--|
| Service offerings extended                                  | Achieve activity-based funding targets                             | Activity target achieved, sitting over 100% across the 2024-25 year  |
|   | Increase At Home<br>episodes as a percentage<br>of all admissions  | An increase in home-based care has been achieved with 5.7% of admitted bed days delivered at home in 2024–25 compared to 2% in the previous year   |
|   | Increase in number and uptake of community-based service offerings | Community-based services increased by more than 120% in 2024–25 with 20,938 client service events delivered, increasing from 17,418 in the previous year   |
| Access improved for<br>"hard to reach"<br>community members | Increased access to local services for the Maldon community        | Allied health, counselling and diabetes education services have been introduced at the Maldon campus. Over 327 appointments were delivered across these services over 1–2 days per week in 2024–25                         |
|   | Increase in number of vulnerable clients accessing services        | Community wellbeing services for vulnerable clients are now well established with over 9 streams of care delivered. These range from Alcohol and Other Drugs, mental health, housing, family services and community health |

# Objectives 2026 and onwards

| Future clinical services   | Sustainable care  | Community-based offerings   | Care<br>integration                                    | Support for the vulnerable   |
|--|---|---|--|--|
| Review and expand the provision of medical infusions including   | Expand the Residential in<br>Reach service to<br>Macedon Ranges and | Embed virtual care in<br>Residential Aged Care<br>via the Victorian Virtual | Co-design the expansion of primary care, community and | Embed prescribed social activity and connection into treatment plans |
| chemotherapy in the<br>context of the<br>development of the<br>Loddon Mallee Clinical<br>Services Plan | Romsey catchments   | Emergency Department  | wellbeing services for<br>Maldon community             | Implement and evaluate<br>the creative therapies<br>pilot project    |

#### **Child Local**

A new initiative supporting children's mental health



Child Local is a new Victorian initiative enhancing early mental health support for children aged 0-11 in Mount Alexander Shire facing developmental, emotional, relational, or behavioural challenges. Delivered locally by Dhelkaya Health, it provides families, carers, and educators with a dedicated, experienced staff member as a trusted first point of contact.

This navigator offers timely advice, guidance, and seamless connections to professional care, promoting proactive intervention to address rising youth mental health pressures and ensure the right support at the right time.





# Priority 3. One Dhelkaya

Our intent: Our newly amalgamated health service will build a single, unified identity, within which systematic and streamlined information guides sound operational decisions. Our facilities will be modernised, with reduced environmental footprint.

**Achievements** 2023-25



| Single presence   | Facilities & equipment   | Environmental sustainability   | Site<br>planning   | Digital solutions   | Business<br>systems  |
|---|--|--|--|---|--|
| Dhelkaya Health<br>branding and style<br>guide finalised and<br>implemented | Stocktake completed<br>and progress made<br>towards a single<br>asset register | Sustainability<br>reporting to quantify<br>major sources of<br>waste and energy<br>use established | Site master plans completed  All Regional Health Infrastructure Fund (RHIF) projects completed within project timeline | Regional Community Platform implementation progressing and Endoscopy Reporting Platform implemented     | Budget<br>management<br>system enhanced<br>and transition to<br>panel bank provider<br>completed |
|   |  |  | Capital investment<br>pipeline proposals<br>to support future<br>RHIF rounds<br>established                            | Recommendations<br>from Loddon Mallee<br>Shared Services<br>(LMSS) ICT transition<br>review implemented |  |
|   |  |  |  | Residential Aged<br>Care Medication<br>Management System<br>implemented                                 |  |





### **Branding Style Guide**

A vibrant new branding style guide to unify the identity of a newly amalgamated organisation

The guide features a distinctive visual system centred on the Dhelkaya Health name with a colourful, contemporary palette, accessible typography, and inclusive imagery reflecting community diversity.

Rolled out across the website, social media profiles, uniforms, publications, and signage, it strengthens recognition, fosters pride among staff and clearly communicates Dhelkaya Health's values throughout the Mount Alexander Shire.

#### Sustainability reporting

A key strategic priority is reducing the environmental footprint for our operations

From 2022, Dhelkaya Health began tracking total multi-campus emissions and utilities consumption in annual reporting cycles. These detailed campus-specific metrics expanded to communicate a much fuller picture of operations, with new metrics included for greenhouse gas emissions, stationary energy and fuel use, and electricity use by source. Over time reporting now tracks the impact of new solar arrays, introduction of electric fleet vehicles and transitions in plant operations from gas to electricity. Results in 2024-25 show impressive reductions in total fuel use in buildings and greenhouse gas emissions from stationary fuel consumption.



# Regional Health Infrastructure Fund capital projects

The RHIF is the primary source of major capital project funding for Dhelkaya Health

Over the last three years, Dhelkaya Health has secured multiple RHIF grants for essential upgrades.

These include demolition of the old nurses' quarters in Halford Street, critical infrastructure works at Castlemaine and Maldon campuses, residential aged care fit-outs, and fire/electrical safety improvements. RHIF funding also transformed Main Reception and the Urgent Care Centre, the Sterile Stock Room and added new parking for visitors.

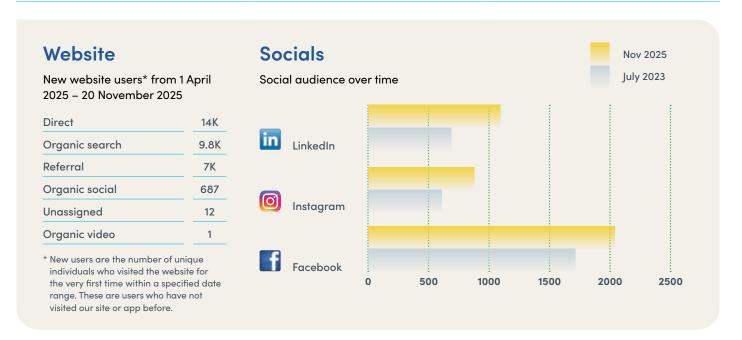
RHIF funding is delivering real improvements around amenity and safety, and helping to modernise health services across Mount Alexander Shire.



| Assurance                       | Measures   | Achievements   |
|---------------------------------|--|--|
| We are visible to our community | Increase website and social media visits                                 | Followers have increased on Facebook by 18%, Instagram by 44% and LinkedIn by 59%. Analytics demonstrate an increase in website engagement over time |
| We have a sustainable           | 85% of reactive maintenance requests are closed within 30 days           | Review of maintenance systems in progress  |
| footprint                       | 10% reduction in energy and water consumption and waste produced by 2026 | On track to achieve reduction target for stationary energy use with water use an area of continued focus   |
|                                 | Regional Health Infrastructure fund milestone targets achieved           | All funded projects completed with milestone reporting achieved  |
| Systematic and streamlined      | Recommendations from LMSS ICT transition review fully implemented        | All recommendations fully implemented  |
| decisions                       | Balanced scorecard established and accessible via PowerBi platform       | Activity and workforce reporting established with work underway to develop a balanced scorecard  |

# Objectives 2026 and onwards

| Single presence   | Facilities & equipment  | Environmental sustainability  | Site<br>planning  | Digital solutions  | Business<br>systems  |
|---|---|---|---|--|--|
| Explore low-cost/<br>no-code<br>development<br>platforms to enable<br>a more sustainable<br>approach to<br>multimedia<br>management | Document lifecycle asset management plan for proactive implementation | Progress the electrification of infrastructure through the implementation of the Electric Vehicle Fleet Transition Plan | Review site master<br>plans for both<br>campuses<br>to ensure they<br>remain fit for<br>purpose | Adopt robust<br>governance for the<br>use of Artificial<br>Intelligence in<br>partnership with<br>LMSS | Establish and implement a systematic rewards and recognition framework |





# Priority 4. People first

Our intent: We are on a mission to ignite passion and purpose in our people, by fostering a culture and values that promote high engagement, excellence and safety. We are determined to attract the best talent in our community, and once with us, invest in their development so we are future-ready.

Achievements 2023-25



| Values<br>culture                                  | Safety<br>culture  | Safe & healthy<br>workplaces  | Learning & development                       | Skilled<br>workforce                   | Work-life<br>balance   |
|--|--|---|--|--|--|
| People Matter<br>Survey action plan<br>implemented | Speaking Up for<br>Safety and<br>Occupational                                  | nd reviewed and analysis and education program and complete fon (OVA) | •  | Care to Lead<br>program<br>implemented | Be Well, Be Safe<br>workforce wellbeing<br>program evaluated |
| Dhelkaya Health values reset and                   | Ohelkaya Health Aggression (OVA)  alues reset and training programs  Mandatory |   | <del>.</del>                                 | Nursing Workforce Unit established     | Obligations under<br>Gender Equality Act                     |
| internalised                                       |  | Review of medical   | 2020 obligations met                         |  |  |
|  |  | reviewed for  | reviewed for                                 | workforce model<br>progressed          | _  |
|  |  | effectiveness   |  | Traineeship                            |  |
|  |  |   | and cost-effect<br>learning<br>opportunities | learning opportunities                 | opportunities<br>developed to help<br>"grow our own"         |







# **People Matter Survey**

We are on a mission to ignite passion and purpose by fostering a culture and values that promote high engagement, excellence and safety

The People Matter Survey results guide our annual workforce development plan. The 2023 and 2024 results show overwhelming improvement, with a positive increase in 100% of survey questions. Highlights over the two-year period include a 25% increase in 'my organisation places a high priority on the learning and development of staff' and a 21% increase in 'I would recommend my organisation as a good place to work'. The survey also showed bullying has declined by 11%, from 24.5% in 2022, and more than 70% of respondents agree Dhelkaya Health takes steps to eliminate bullying, harassment and discrimination.

# **Gender Equality Action Plan**

Advancing gender equality through a range of actions documented in our Gender Equality Action Plan

Recruitment and onboarding is now more inclusive, with gender-diverse options and policies updated to support all family types. Pay equity audits are now scoped with Gender Equality Principles embedded, and exit interviews digitised for better insights. Enhanced surveys are eliciting staff perceptions of safety and respect, with training reviews underway. Foundational actions are complete or progressing, shifting focus to embedding changes, outcome tracking, and leadership accountability across all environments.

# Speaking Up for Safety and **OVA** training

A strong culture of staff engagement through leadership and focus on quality and safety

Over 83% of staff have undertaken Speaking up for Safety training, which empowers staff to speak up and call out any safety issues. OVA training is provided for our most impacted front-line staff work groups with further training for all staff under development. 2024 People Matter Survey results for "Work Group Climate Safe to Speak Up" increased by 4% to 76% which is 6% above comparator peers. This shows the impact of focused work undertaken to improve employee experience and safety climate.





| Assurance                                   | Measures  | Achievements  |
|---|---|---|
| We have an engaged and satisfied workforce  | Improved staff engagement and satisfaction results by 5% each People Matter Survey  | Engagement – 73.7 in 2024 increase from 62.6 in 2022; 17% improvement   |
|   |   | Satisfaction – 75.2% in 2024 increase from 60% in 2022; 25% improvement                                       |
|   | Improved safety climate results by 5% each People<br>Matter Survey  | Patient Safety Climate – 73.4 in 2024 increase from 60.9 in 2022; 13% improvement                             |
|   |   | Safety Climate – 60.5% in 2024 increase from 43% in 2022; 18% improvement                                     |
|   | 10% reduction in number of workplace injuries   | 18% reduction in hazards reported and a 52% reduction in lost time reported standard WorkCover claims in 2024 |
| We facilitate meaningful career development | 90% of staff with documented performance development reviews  | In 2024, 87% of staff had documented performance development reviews in place                                 |
| pathways                                    | Staff agree that the organisation places a high priority on the learning and development of staff as measured by the People Matter Survey | In 2024, 64% of staff agreed learning and development is prioritised, up from 35% in 2022 - a 25% improvement |
|   | 20% reduction in excess leave liability   | Not achieved  |

# Objectives 2026 and onwards

| Values  | Safety  | Safe & healthy   | Learning &  | Skilled  | Work-life  |
|---|---|--|---|--|--|
| culture   | culture   | workplaces   | development   | workforce  | balance  |
| Establish and implement a systematic reward and recognition program | Proactively identify, assess and control psychosocial hazards in line with the new regulations under the Occupational Health and Safety (Psychological Health) Regulations 2025 | Implement a<br>planned strategy to<br>reduce and prevent<br>racism in the<br>workplace | Partner with Bendigo TAFE and Monash University to operationalise the Learning Hub service model, and through our industry partnership with the Care Economy CRC scope a workforce innovation research proposal to evaluate the model | Partner with Goldfields Local Learning & Employment Network to increase engagement of young people locally in further education and skills development | Ensure the Right to Disconnect policies are fit for purpose and socialised within the organisation |



# **Learning Hub**

A major milestone is the completion of the \$4 million Learning Hub at Castlemaine campus

Developed in partnership with Bendigo TAFE, the Learning Hub offers the Certificate III in Individual Support (Ageing and Disability) and the Certificate IV in Allied Health Assistance. The Diploma of Nursing is set to commence in 2026. These courses pave the way for future programs and pathways for local learners and offer a powerful opportunity to attract and connect with First Nations peoples of all ages who wish to study and work locally.



# What to expect in 2026 and onwards

In 2026, Dhelkaya Health will once again embark on a highly consultative, inclusive, and transparent process to shape our 2027-30 Strategic Plan, mirroring the collaborative approach that defined our 2023–26 plan.



The result was a strategy deeply rooted in community voice, staff insight, and partnership values. We are committed to replicating and refining this model, ensuring the next plan reflects the evolving needs of our community while building on our integrated identity.

The consultation will begin in early 2026 with broad, open engagement across all stakeholders. As we did in 2022, we will invite patients, residents, clients, families, and community members to participate through surveys and targeted focus groups. These sessions will be held in accessible locations and via virtual platforms to ensure inclusivity.

These sessions will build on the cultural integration achieved since amalgamation, reinforcing our breakthrough values (Empathetic, Inclusive, Professional, Transformative) while embedding the Victorian Public Sector core values. Volunteers and our volunteer committees, will have dedicated channels to contribute ideas on community connection and service enhancement.

External stakeholders and partners will also play a pivotal role. We will engage Mount Alexander Shire Council, Loddon Mallee Health Network, First Nations organisations (including BDAC and Nalderun), La Trobe University, Bendigo TAFE and community groups like Castlemaine Community House.

The consultation will run from March to May 2026, culminating in a Board strategic planning day in August to finalise priorities, initiatives and assurance measures. The new plan will launch in December 2026.

Just as the 2023–26 plan was built with our community, the 2027–30 plan will reflect lived experience, clinical expertise, and collective ambition. By putting people first, listening intently, and acting decisively, we will continue to earn trust as a local health partner that delivers contemporary, compassionate, and connected care.

Together, we will define what Healthier Together means for the next chapter.



142 Cornish Street, Castlemaine VIC 3450 T. +61 (0)3 5471 3555 E. info@castlemainehealth.org.au