

Group B Streptococcus Test

GROUP B STREPTOCOCCUS (GBS) TESTING

In accordance with current medical evidence, it is recommended that all women are tested at 35 – 37 weeks of pregnancy.

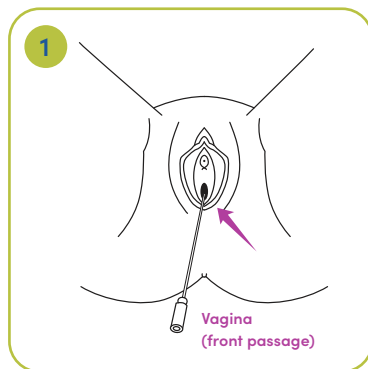
You can complete the test at home. This involves a simple and painless process using a sterile cotton

swab to take samples from the vagina and anus. The samples are then sent to a laboratory.

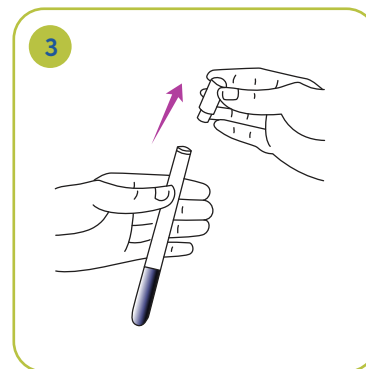
The results show whether you have GBS in your genital area. The test results, however, cannot say whether or not your baby will become infected with GBS.

HOW TO COLLECT THE SAMPLE

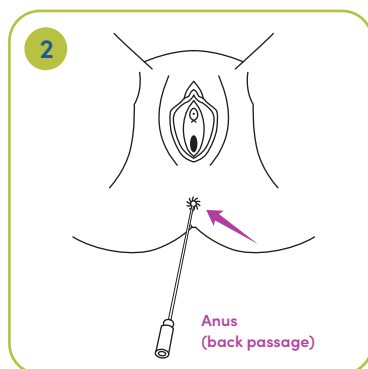
You will be given a sterile swab by your doctor or midwife.



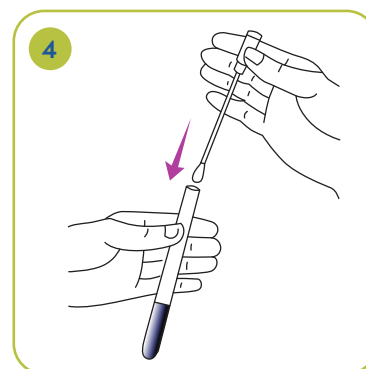
1 Wash hands thoroughly before performing this test. Remove swab from packaging. Insert swab 2 cm into your vagina (front passage). Do not touch cotton end with fingers



3 Remove cap from sterile tube.



2 Insert the SAME swab 1 cm into your anus (back passage).



4 Place swab into the tube. Ensure cap fits firmly. Wash hands upon completion of the test.

Make sure swab container is fully labelled with your full name, date of birth, UR number, and date and time of collection. Place swab container and request slip into transport bag and take to an Austin Pathology collection centre within 24 hours of collection.

MORE INFORMATION

Better Health
<https://www.betterhealth.vic.gov.au>

Mater Mothers' Hospital
<https://www.matermothers.org.au>

Acknowledgements: Barwon Health, Maternity Services (2023). GBS Antenatal Information